

# Old People Need A Bowel Stimulant

The Ideal One is a Mild Laxative-Tonic That Will Keep the Bowels Gentle Active.



MRS. MARY A. P. DAVIDSON

Healthy old age is an absolute dependent upon the condition of the bowels that great care should be taken in that they act regularly. The fact is that as age advances the stomach muscles become weak and inactive and the liver does not store up the juices that are necessary to promote digestion.

Some help can be obtained by eating easily digested foods and by plenty of exercise, but this is far from most elderly people. One thing is certain, that a sense of constipation should always be avoided, as it is dangerous to live and health. The best plan is to take a mild laxative as often as is deemed necessary, but with equal certainty it is suggested that cathartics, purgatives, physes, salts and pills be avoided, as they do but temporary good and are so harsh as to be a shock to a delicate system.

A more better plan and one that thousands of elderly people are following, is to take a gentle laxative like Dr. Caldwell's Syrup Peruna, which acts as gently as nature is possible. In fact, the tendency of this remedy is to strengthen the stomach and bowel muscles and retain them to act naturally again, when medicines of all kinds can naturally be dispensed with. This is the opinion of many people of different ages, among them Mrs. Mary A. P. Davidson, of University Mount Home, San Francisco, Cal. She is 78 years and because of her sedentary habits

had continual bowel trouble. From the day she began taking Dr. Caldwell's Syrup Peruna she has had no further inconvenience and naturally she is glad to say kind things of this remedy.

A bottle can be bought of any druggist at 50c or one dollar.

People usually buy the fifty cent size first and then, having convinced themselves of its merits, they buy the dollar size, which is more economical.

Results are always guaranteed or money will be refunded. Elderly persons of both sexes can follow these suggestions with every assurance of

good results.

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. H. Caldwell, 419 Washington, University Mount Home, San Francisco, Cal. She is 78 years

and because of her sedentary habits

discovered the cure.

The belief then, and the belief now is, that Fountain was murdered, together with his son, and their bodies

buried away with two skeletons, one

of an adult and one of a child, were

found in the cave by Mr. Davis. One

of the skulls examined disclosed a bullet hole at its base. Human bones

were strewn about the room in the

cave in which the skeletons were

found. This, it is believed, was

done by coyotes or other wild animals

that tore the bodies to pieces.

When the bones were assembled, they

made up the two complete skeletons.

**Disappeared Twenty Years Ago.**

Twenty years ago Albert Fountain and his son disappeared. Fountain was returning from Lincoln to Las Cruces, his home. He had been attending court at Lincoln. Fountain and his son started the return trip to their home in a buggy. They were

never seen or heard of from the day

that they drove out of Lincoln. Some

time after that the horse and buggy were found. The horse was wandering about on the white sands in the

vicinity of the cave in which the hu-

man bones were found. Special posse

and other searching parties searched

in every conceivable place, but

were unable to locate the missing

father and his son.

**Silver Bullion Cached in Cave.**

The theory that immense riches are concealed in the cave is based on the

story, almost a legend, to the effect

that years ago a caravan carrying un-

estimated wealth in silver bullion

crossing the white sands of New Mex-

ico was overtaken by a band of Indians.

Those with the caravan were

murdered and the bullion taken and

concealed in a cave. The belief is

that the cave recently discovered is

the one in which the treasure was

stored.

**Former Indian Stronghold.**

The cave itself at one time was the

stronghold of Indians. Two complete

headresses of Indian warriors were

found in one large chamber by the

discoverers. In the large chamber,

which is said to be large enough to

almost house the county courthouse

is placed in it, bows, arrows, a ball

of poison and other Indian relics

were found. At one end of the

chambers are two rock columns

reaching to the ceiling of the room.

Between the two columns stands a

huge wooden chair. This is carved

with fantastic symbols and is believed

to have been the throne of the chief

of the tribe.

**Historic Stick Is Found.**

A stick about six feet in length

painted and notched, was found near

the large wooden chair. An old Indian

Mr. Davis said was with them when

they found the cave. He was handed the stick. With the moving of his fingers over the notches in the stick,

Mr. Davis said, the expression of the old Indian's face would undergo a change. The belief is that the history of the tribe is notched on that stick.

**Ball of Deadly Poison.**

The ball of poison was of chalk

formation three inches in diameter.

That it was poisonous, Mr. Davis

said, was proved when one in the

party got some of the chalk into a

cut on his hand. Medical attention

was required, it was stated, in

order to prevent blood poisoning.

Mr. Davis is chiefly interested in

the cave on account of the mucus de-

posits believed to exist there in in-

exhaustible quantities. Plans are

now being discussed whereby the de-

posits will become of marketable

value.

**Also petition of the Woman's Civil**

**Arts League of Portales, N. M.,**

**praying for the erection of a statue of peace**

**at the entrance to the Panama canal;**

**to the committee on interstate and foreign**

**commerce.**

**Also petition of the Woman's Civil**

**Arts League of Roswell, N. M.,**

**praying for the enactment of legislation**

**to provide for a method of "information**

**at the course" in the income-tax law;**

**to the committee on ways and means**

**of the legislature.**

**Also petition of citizens of Santa**

**Rosa, Tucumcari, Magdalena, Deming,**

**Roy, Hillsboro, Springer, Maxwell,**

**Las Cruces, Silver City, and Roswell,**

**all in the state of New Mexico, favoring**

**the enactment of legislation to**

**provide for a method of "information**

**at the course" in the income-tax law;**

**to the committee on ways and means**

**of the legislature.**

**Also petition of citizens of Roswell**

**and Albuquerque, N. M.,**

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